BEGINNINGS OF PHILOSOPHY IN THE WILL AND EMOTIONS

REMOTE DISPOSITION: LOVE OF THE BEAUTIFUL

One should not choose every pleasure, but only that concerned with the beautiful. (Democritus, DK 207)

The things that can be seen, heard, and learned are what I prize the most. (Heraclitus, DK 55)

What a poet writes when possessed and inspired by the gods is most beautiful. (Democritus, DK 18)

Homer, obtaining by fate a divine nature, built a cosmos of all kinds of verse. (Democritus, DK 21)

It belongs to a divine mind to think always of something beautiful. (Democritus, DK 112)

WONDER AND HOPE OF COMING TO KNOW & FEAR OF MISTAKE

THE DESIRE IN WONDER

I would rather discover one cause than be master of the kingdom of the Persians. (Democritus, DK 118)

THE HOPE IN WONDER

Good things hardly come to those seeking while bad things come even to those not seeking. (Democritus, DK 108)

THE FEAR OF MISTAKE IN WONDER

Let us not guess at random about the greatest things. (Heraclitus, DK 47)

But gods, turn away from my tongue the madness of those men, and from pious mouths guide forth a pure stream. And you, much wooed, white-armed, virgin Muse, I pray to hear such things as are lawful for creatures of a day to hear; send me from piety driving the obedient chariot. Nor shall the flowers of honor from mortals force you to say boldly more than is pious and to move quickly to the heights of wisdom... (Empedocles, DK 3)

THE LOVE OF WISDOM

Imperturbable wisdom is worth everything. (Democritus, DK 216)

Men who love wisdom must inquire into very many things. (Heraclitus, DK 35)

Pythagoras, the son of Mnesarchus, practiced enquiry beyond all men; and selecting these writings he called them his own wisdom; which was only a knowledge of many things, and bad art. (Heraclitus, DK 129)

Those who seek for gold dig up much earth and find a little. (Heraclitus, DK 22)

Wisdom is one thing. It is to understand the mind by which all things are steered through all things. (Heraclitus, DK 41)

To a wise man, the whole earth is open; for the fatherland of a good soul is the whole universe. (Democritus, DK 247)

BEING TEACHABLE AND A GOOD STUDENT

NECESSITY OF BELIEF AND LEARNING FROM OTHERS

Most of what belongs to the gods escapes being known through lack of belief. (Heraclitus, DK 86)

Neither art nor wisdom is easy to reach if one does not learn. (Democritus, DK 59)

WHOM TO BELIEVE

What mind or reason is in them? They believe the poets and take the crowd as their teacher, not knowing that *the many are bad while few are good.* (Heraclitus, DK 104) (quote is attributed to Bias)

No one is able to be a great poet without madness. (Democritus, DK 17)

One man is ten thousand to me if he be the best. (Heraclitus, DK 49)

In Priene was born Bias, son of Teutamos, who is of more account than the rest. (Heraclitus, DK 39)

Remember the man who forgets which way the road leads. (Heraclitus, DK 71)

DIFFICULTY & IMPEDIMENTS TO BELIEVING THOSE WHOM WE SHOULD BELIEVE

Friends, I know the truth is in the words which I shall speak; but it is very hard for men and they are exceedingly jealous of the force of belief on their minds. (Empedocles, DK 114)

The one advising him who thinks he has understanding labours in vain. (Democritus, DK 52)

Dogs bark at everyone they do not know. (Heraclitus, DK 97)

It would be right for all the Ephesians above age to strangle themselves and leave the city to those below age; for they cast out Hermodorus, the best man among them, saying "Let no man among us be the best; if there is one, let it be elsewhere and among others." (Heraclitus, DK 121)

BEING A GOOD STUDENT

HOW TO LISTEN

[Reproving some who did not believe] Knowing neither how to listen, nor how to speak. (Heraclitus, DK 19)

To say all, but wish to hear nothing, is arrogance. (Democritus, DK 86)

He who contradicts and chatters much is naturally unfit for learning what he should. (Democritus, DK 85)

Those without understanding when they hear are like deaf men; of them does the saying bear witness that they are absent when present. (Heraclitus, DK 34)

A stupid man is excited by every word. (Heraclitus, DK 87)

Knowing the arrangement, they listen. (Antiphon, DK 63)

Come, I will speak and you listen and carry away my word... (Parmenides, DK 2)

STABILITY - SOUND SENSE

The dry soul is wisest and best. (Heraclitus, DK 118)

Believe not everything, but rather the examined: the former is silly, the latter of one in his sound senses. (Democritus, DK 67)

Be not suspicious towards all, but be cautious and stable [not liable to fall]. (Democritus, DK 91)

It is wise, listening not to me but to reason, to agree that all things are one. (Heraclitus, DK 50)

But it is of great concern to the bad not to believe their betters; but as the assurance of my Muse commands, know (*these things*) having sifted them in your innermost heart. (Empedocles, DK 4)

FRUITFULNESS

If you press these things deep into your firm mind with a friendly disposition and a watchful attention that is pure, certainly all these things will remain with you throughout your life; and you will gain many other things from them; for the former things cause these things to grow into their own character according to the nature of each. But if you reach out for other things, such as the countless miserable things that usually occupy men and blunt their thoughts, surely these things will quickly forsake you as time rolls on for they desire to return to their own kind; for know that all things have wisdom and a share of thought. (Empedocles, DK 110)

HUMILITY

The most beautiful ape is ugly compared to the genus of men. (Heraclitus, DK 82)

The wisest of men towards God appears an ape, in wisdom and beauty and all other things. (Heraclitus, DK 83)

A man is called childish [foolish] compared to God [a daimon]; just as a boy, in comparison to a man. (Heraclitus, DK 79)

Human nature does not have judgment, but the divine has. (Heraclitus, DK 78)

For narrow are the means spread throughout the limbs and many are the miseries that burst in and blunt the thoughts. And having seen only a small part of life during their lives, and doomed to early death, they are lifted up and carried off like smoke, and believing only that which each one meets with as he is driven every way, they boast of having found the whole. But things are not thus seen or heard by men or grasped by their minds. You, however, since you have withdrawn to here, shall not learn more than mortal wisdom can attain. (Empedocles, DK 2)