

Oratio Sancti Thomae Aquinatis Ante Missam

Prayer of St. Thomas Aquinas Before Mass

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By St. Thomas Aquinas (1225-1274).

OMNIPOTENS sempiternus Deus, ecce accedo ad sacramentum unigeniti Filii tui, Domini nostri, Iesu Christi; accedo tamquam infirmus ad medicum vitae, immundus ad fontem misericordiae, caecus ad lumen claritatis aeternae, pauper et egenus ad Dominum caeli et terrae. Rogo ergo immensae largitatis tuae abundantiam, quatenus meam curare digneris infirmitatem, lavare foeditatem, illuminare caecitatem, ditare paupertatem, vestire nuditatem; ut panem Angelorum, Regem regum et Dominum dominantium, tanta suscipiam reverentia et humilitate, tanta contritione et devotione, tanta puritate et fide, tali proposito et intentione, sicut expedit saluti animae meae. Da mihi, quaeso, Dominici Corporis et Sanguinis non solum suscipere sacramentum, sed etiam rem et virtutem sacramenti. O mitissime Deus, da mihi Corpus unigeniti Filii tui, Domini nostri, Iesu Christi, quod traxit de Virgine Maria, sic suscipere, ut corpori suo mystico merear incorporari, et inter eius membra connumerari. O amantissime Pater, concede mihi dilectum Filium tuum, quem nunc velatum in via suscipere propono,

ALMIGHTY and ever-lasting God, I approach the sacrament of Thy only-begotten Son, our Lord Jesus Christ. I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth. Therefore, I implore Thee in Thy great generosity, to heal my sickness, to wash away my defilement, enlighten my blindness, to enrich my poverty, and to clothe my nakedness, so that I may receive the bread of angels, the King of kings, and the Lord of lords with reverence and humility, with contrition and devotion, with purity and faith, and with such purpose and determination that will be expedient to the salvation of my soul. Grant me, I beseech Thee, that I may not only receive the Sacrament of the Body and Blood of the Lord, but also the reality and power of the Sacrament. O most kind God, grant that I may receive the Body of Thine only-begotten Son, our Lord Jesus Christ, born of the Virgin Mary, and so received that I may be worthy to be incorporated into His mystical body, and numbered among His members. O most loving Father, grant me Thy

revelata tandem facie perpetuo
contemplari: Qui tecum vivit et
regnat in unitate Spiritus Sancti,
Deus, per omnia saecula
saeculorum. Amen.

beloved Son, which I now receive
under the veil of a sacrament, that I
may one day behold Him face to face
in glory, Who lives and reigns with
Thee in the unity of the Holy Spirit,
God, forever. Amen.

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Oratio ad Beatam Mariam Virginem Ante Missam Prayer to the Blessed Virgin Mary Before Mass

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A traditional prayer from the Roman Missal for before Mass. The parts in parentheses are proper to the clergy, while the parts in brackets are proper to the laity.

O MATER pietatis et misericordiae,
beatissima Virgo Maria, ego miser et
indignus peccator ad te confugio toto corde
et affectu; et precor pietatem tuam, ut, sicut
dulcissimo Filio tuo in Cruce pendenti
astitisti, ita et mihi, misero peccatori,
(*et*
sacerdotibus
omnibus, hic
et in tota
sancta
Ecclesia
hodie
offerentibus)
[*et*
fidelibus
omnibus
sacrosanctum
Filii tui
Corpus
summentibus],
clementer adsistere digneris, ut, tua gratia
adiuti, (*dignam et*
acceptabilem
hostiam in
conspectu
summae et
individuae
Trinitatis
offerre
valeamus)

MOTHER of mercy and of love, most
blessed Virgin Mary, I, a poor and
unworthy sinner, fly to thee with all my
heart and all my affection. I implore thy
loving-kindness, that even as thou didst
stand beside thy dear Son as He hung
upon the Cross, so wilt thou also stand
by me, a poor sinner, (*and*
by all the
priests
who are
offering
Mass here
today and
throughout
the entire
Church)
[*and*
beside all
thy
faithful
people
receiving
the most
sacred
Body of thy
Son]. Grant us, that by thy
grace, we may (*offer*
a worthy
and
acceptable

*[digne ac
fructuose
illud sumere
valeamus]*

. Amen.

*sacrifice
in the
sight of
the most
high and
undivided
Trinity)
[receive
it
worthily
and
fruitfully]
Amen.*

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Preces Ad Sanctum Ioseph Ante Missam Prayer to St. Joseph Before Mass

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From the Roman Missal.

O FELICEM virum, beatum Ioseph, cui datum est Deum, quem multi reges voluerunt videre et non viderunt, audire et non audierunt, non solum videre et audire, sed portare, deosculari, vestire et custodire!

O BLESSED Joseph, happy man, to whom it was given not only to see and to hear that God Whom many kings longed to see, and saw not, to hear, and heard not; but also to carry Him in your arms, to embrace Him, to clothe Him, and guard and defend Him.

V. Ora pro nobis, beate Ioseph.

R. Ut digni efficiamur promissionibus Christi.

V. Pray for us, O Blessed Joseph.

R. That we may be made worthy of the promises of Christ

DEUS, qui dedisti nobis regale sacerdotium: praesta, quaesumus; ut, sicut beatus Ioseph unigenitum Filium tuum, natum ex Maria Virgine, suis manibus reverenter tractare meruit et portare, ita nos facias cum cordis munditia et operis innocentia tuis sanctis altaribus deservire, ut sacrosanctum Filii tui Corpus et Sanguinem hodie digne sumamus, et in futuro saeculo praemium habere mereamur aeternum. Per eundem Christum Dominum nostrum. Amen.

O GOD, Who has given us a royal priesthood, we beseech Thee, that as Blessed Joseph was found worthy to touch with his hands, and to bear in his arms, Thy only-begotten Son, born of the Virgin Mary, so may we be made fit, by cleanness of heart and blamelessness of life, to minister at Thy holy altar; may we, this day, with reverent devotion partake of the Sacred Body and Blood of Thy Only-begotten Son, and may we in the world to come be accounted worthy of receiving an ever-lasting reward. Through the same Christ our Lord. Amen.

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Oratio Ante Missam Prayer Before Mass

[AnteMissam](#)

This prayer before Mass from the Roman Missal has a long history of usage in the Church.

Ant. Ne reminiscaris Domine delicta nostra, vel parentum nostrorum: neque vindictam sumas de peccatis nostris. (T.P. Alleluia.)

Ant. Remember not, Lord, our offenses, nor the offenses of our forefathers, nor take Thou vengeance upon them. (P.T. Alleluia.)

[Psalmus LXXXIII](#)

[Psalm 83](#)

[Gloria Patri, etc.](#)

[Glory be to the Father, etc.](#)

[Psalmus LXXXIV](#)

[Psalm 84](#)

[Gloria Patri, etc.](#)

[Glory be to the Father, etc.](#)

[Psalmus LXXXV](#)

[Psalm 85](#)

[Gloria Patri, etc.](#)

[Glory be to the Father, etc.](#)

[Psalmus CXV](#)

[Psalm 115](#)

[Gloria Patri, etc.](#)

[Glory be to the Father, etc.](#)

[Psalmus CXXIX](#)

[Psalmus 129](#)

[Gloria Patri, etc.](#)

[Glory be to the Father, etc.](#)

Ant. Ne reminiscaris Domine delicta nostra, vel parentum nostrorum: neque vindictam sumas de peccatis nostris. (T.P. Alleluia.)

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Kyrie eleison. Christe eleison. Kyrie eleison.

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Pater noster.

Our Father....

V. Et ne nos inducas in tentationem. R. Sed libera nos a malo.	V. And lead us not into temptation. R. But deliver us from evil.
V. Ego dixi, Domine miserere mei. R. Sana animam meam, quia peccavi tibi.	V. I said, Lord have mercy on me. R. Heal my soul, for I have sinned against Thee.
V. Convertere Domine aliquantulum. R. Et deprecare super servos tuos.	V. Turn to us, O Lord, for a little while. R. And be gracious to Thy servants.
V. Fiat misericordia tua Domine super nos. R. Quemadmodum speravimus in te.	V. Let Thy mercy, O Lord, be upon us. R. Just as we have hoped in Thee.
V. Sacerdotes tui induantur iustitiam. R. Et sancti tui exsultent.	V. Let Thy priests be clothed with justice. R. And may Thy saints rejoice.
V. Ab occultis meis munda me Domine. R. Et ab alienis parce servo tuo.	V. Cleanse me from my hidden faults, O Lord. R. And from the sins of others, spare Thy servant.
V. Domine exaudi orationem meam. R. Et clamor meus ad te veniat.	V. O Lord, here my prayer. R. And let my cry come to Thee.
V. Dominus vobiscum. R. Et cum spiritu tuo.	V. The Lord be with you all. R. And with thy spirit.
Oremus:	Let us pray:
AURES tuae pietatis, mitissime Deus inclina precibus nostris, et gratia Sancti Spiritus illumina cor nostrum: ut tuis mysteriis digne ministrare, teque aeterna caritate diligere mereamur.	MOST gracious God, incline Thy merciful ears unto our prayers and by the grace of the Holy Spirit illumine our hearts, that we may be worthy to serve at Thy holy Mysteries and to love Thee with an everlasting love.

DEUS, cui omne cor patet, et omnis voluntas loquitur, et quem nullum latet secretum, purifica per infusionem Sancti Spiritus cogitationes cordis nostri: ut te perfecte diligere, et digne laudare mereamur.	O GOD, to whom every heart is open, every wish is spoken, and from whom no secret is hidden, purify our inmost thoughts by the infusion of Thy Holy Spirit; that we may love Thee perfectly and praise Thee worthily.
URE igne Sancti Spiritus renes nostros et cor nostrum Domine: ut tibi casto corpore serviamus, et mundo corde placeamus.	ENKINDLE, O Lord, our hearts and minds with the fire of the Holy Spirit: that we may serve Thee with a chaste body and please Thee with a clean heart.
MENTES nostras, quaesumus Domine, Paraclitus, qui a te procedit, illuminet: et inducat in omnem, sicut tuus promisit Filius, veritatem.	ILLUMINE, we beseech Thee, O Lord, our minds with the Paraclete who proceedeth from Thee, and lead us to all truth, just as Thy Son hath promised.
ADSIT nobis, quaesumus Domine, virtus Spiritus Sancti: quae et corda nostra clementer expurget, et ab omnibus tueatur adversis.	MAY the power of the Holy Spirit be with us, We beseech Thee, O Lord, and may He mercifully cleanse our hearts and defend us from all harm.
DEUS, qui corda fidelium Sancti Spiritus illustratione docuisti: da nobis in eodem Spiritu recta sapere, et de eius semper consolatione gaudere.	O GOD, who taught the hearts of the faithful by the light of the Holy Spirit, grant that, in the same Spirit, we may relish what is right and always rejoice in His consolation.
CONSCIENTIAS nostras, quaesumus Domine, visitando purifica: ut veniens Dominus noster Iesus Christus Filius tuus, paratam sibi in nobis inveniatur mansionem. Qui tecum vivit et regnat in unitate Spiritus Sancti Deus, per omnia saecula saeculorum. R. Amen.	O LORD, we beseech Thee, visit our minds and cleanse our thoughts; that at the coming of Our Lord Jesus Christ, Thy Son, He may find in us a place prepared for Him. Who with Thee lives and reigns in the unity of the Holy Spirit, God for ever. R. Amen.

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Orationes Sancti Ambrosii Ante Missam singulis hebdomadae diebus distributae Prayers of Saint Ambrose before Mass for each day of the week

[AnteMissam](#)

This prayer is often ascribed to St. Ambrose (340 - 397), but scholars today ascribe the work to Jean de Fecamp (12th cent.). These prayers have been an important part of priestly private devotions since the Middle Ages and were included in the Missal by Pius V. The form of the prayers below have been modified for use by either the clergy or the laity. Those sections proper to the clergy are given in parentheses and alternates for the laity, if present, follow in brackets.

Die Dominica

SUMME Sacerdos et vere Pontifex, Iesu Christe, qui te obtulisti Deo Patri hostiam puram et immaculatam in ara Crucis pro nobis miseris et peccatoribus, et qui dedisti nobis Carnem tuam ad manducandum et Sanguinem tuum ad bibendum, et posuisti mysterium istud in virtute Spiritus Sancti tui, dicens: "Haec quotiescumque feceritis, in mei memoriam facietis:" rogo per eundem Sanguinem tuum, magnum salutis nostrae pretium, rogo per hanc miram et ineffabilem caritatem, qua nos miseros et indignos sic amare dignatus es, ut lavares nos a peccatis nostris in Sanguine tuo; (*doce me servum tuum indignum, quem inter cetera dona tua etiam ad officium sacerdotale vocare dignatus es, nullis meis meritis, sed sola dignatione misericordiae tuae;*) doce me, quaeso, per Spiritum Sanctum tuum, tantum tractare mysterium ea reverentia et honore, ea devotione et timore, quibus oportet et decet. Fac me per

Sunday

O SUPREME High Priest and true Pontiff, Jesus Christ, who didst offer Thyself to God the Father as a pure and spotless Victim upon the Altar of the Cross for us miserable sinners, who didst give us Thy Flesh to eat and Thy Blood to drink, and who didst ordain that Mystery in the power of the Holy Spirit saying: "As often as you do this, do it in remembrance of me"; I ask Thee by this same Blood of Thine, the great price of our salvation, and by that wonderful and unspeakable love with which Thou dost love us so much so as to wash us from our sins in Thy Blood, as miserable and unworthy though we are: (*teach me, Thy unworthy servant, whom among Thy other gifts, Thou hast deigned to call to the priestly office, not for my own merit but only out of the worthiness of Thy mercy;*) I beseech Thee teach me through Thy Holy

gratiam tuam semper illud de tanto mysterio credere et intelligere, sentire et firmiter tenere, dicere et cogitare quod tibi placet et expedit animae meae. Intret Spiritus tuus bonus in cor meum, qui sonet ibi sine sono, et sine strepitu verborum loquatur omnem veritatem. Profunda quippe sunt nimis, et sacro tecta velamine. Propter magnam clementiam tuam concede mihi Missarum sollemnia mundo corde et pura mente

(celebrare)

[assistere]

. Libera cor meum ab immundis et nefandis, vanis et noxiis cogitationibus. Muni me beatorum Angelorum pia et fida custodia ac tutela fortissima, ut hostes omnium bonorum confusi discedant. Per virtutem tanti mysterii, et per manum sancti Angeli tui, repelle a me et a cunctis servis tuis durissimum spiritum superbiae et cenodoxiae, invidiae et blasphemiae, fornicationis et immunditiae, dubietatis, et diffidentiae. Confundantur qui nos persequuntur, pereant illi qui nos perdere festinant.

Spirit to handle so great a Mystery with such great reverence and honor, with such fear and devotion, as are due and fitting. Through Thy grace make me always to believe and to understand, to conceive and to firmly hold, and to think and speak of this wondrous Mystery in such a way as it pleases Thee and benefits my own soul. Let Thy good Spirit enter into my heart where He may silently resound and, without clamor of words, speak all truth. For Thy Mysteries are indeed exceedingly deep and covered with a sacred veil. On account of Thy great mercy grant me to *(celebrate)*

[assist]

at the

Solemnity of the Mass with a clean heart and a pure mind. Free my heart from all unclean, unholy, vain and hurtful thoughts. Defend me with a loving and faithful guard, the mighty protection of Thy blessed Angels, so the enemies of all good may go away ashamed. Through the virtue of this great Mystery and by the hand of Thy holy angel, drive away from me and from all Thy servants the stubborn spirit of pride and vain-glory, of impurity and uncleanness, of doubting and mistrust. May those who persecute us be confounded; may they perish those who make haste to destroy us.

Feria Secunda

REX virginum et amator castitatis et integritatis, caelesti rore benedictionis tuae exstingue in corpore meo fomitem ardentis libidinis, ut maneat in me tenor castitatis corporis et animae. Mortifica in membris meis carnis stimulos omnesque libidinosas commotiones, et da mihi veram et perpetuam castitatem, cum ceteris donis tuis, quae tibi placent in veritate: ut sacrificium laudis casto corpore, et mundo corde valeam tibi offerre. Quanta enim cordis contritione, et lacrimarum fonte, quanta reverentia et tremore, quanta corporis castitate et animae puritate istud divinum et caeleste sacrificium est celebrandum, ubi Caro tua in veritate sumitur, ubi Sanguis tuus in veritate bibitur, ubi ima summis, terrena divinis iunguntur,

Monday

O KING of virgins and lover of chastity and innocence, extinguish in my body by the dew of Thy heavenly blessing whatever may kindle the burning of wanton desire, so purity of body and soul may abide in me. Mortify in my members the incitements of the flesh and all lustful emotions. Also give me true and persevering chastity with Thine other gifts which please Thee in truth, so that I may with chaste body and pure heart offer unto Thee a sacrifice of praise. For with how great a contrition of heart and flowing of tears or a chastity of body and purity of soul should that divine and heavenly Sacrifice be celebrated, wherein Thy Flesh is in truth eaten, wherein

ubi adest sanctorum Angelorum praesentia, ubi tu es Sacrificium et Sacerdos mirabiliter et ineffabiliter constitutus!

Thy Blood in truth is drunk, wherein things lowest and highest, earthly and divine, are united, where the Holy Angels are present, where Thou art in a marvelous and unspeakable manner both Priest and Sacrifice.

Feria Tertia

QUIS digne hoc sacrificium
(celebrare)
[assistere] poterit,
nisi tu, Deus omnipotens, offerentem feceris dignum? Scio, Domine, et vere scio, et idipsum pietati tuae confiteor, quia non sum dignus accedere ad tantum mysterium propter nimia peccata mea et infinitas negligentias meas. Sed scio, et veraciter ex toto corde meo credo, et ore confiteor, qui tu potes me facere dignum, qui solus potes facere mundum de immundo conceptum semine, et de peccatoribus iustos et sanctos. Per hanc omnipotentiam tuam te rogo, Deus meus, ut concedas mihi peccatori hoc sacrificium
(celebrare)
[assistere] cum
timore et tremore, cum cordis puritate et lacrimarum fonte, cum laetitia spiritali et caelesti gaudio. Sentiat mens mea dulcedinem beatissimae praesentiae tuae, excubias sanctorum Angelorum tuorum in circuitu meo.

WHO can worthily
(celebrate)
[assist] at this
Sacrifice unless Thou, Almighty God, makest one worthy? I know, O Lord, yea, truly do I know and this do I confess to Thy loving-kindness, that I am unworthy to approach so great a Mystery on account of my sins and numberless negligences; but I know, and truly with my whole heart do I believe and with my mouth confess that Thou canst make me worthy, who alone canst make clean one conceived of unclean seed and canst make sinners to be righteous and holy. By this Thine almighty power I beseech Thee, O my God, to grant that I, a sinner, may
(celebrate)
[assist] at this
Sacrifice with fear and trembling, with purity of heart and streams of tears, with spiritual gladness and heavenly joy. May my mind feel the sweetness of Thy most blessed Presence and the guardianship of Thy holy Angels round about me.

Feria Quarta

EGO enim, Domine, memor venerandae passionis tuae, accedo ad altare tuum, licet peccator, ut offeram tibi sacrificium quod tu instituisti et offerri praecepisti in commemoratione tui, pro salute nostra. Suscipe illud, quaeso, summe Deus, pro Ecclesia sancta tua, et pro populo quem acquisivisti Sanguine tuo. (Et
quoniam me
peccatorem,
inter te et
eundem
populum tuum,

Wednesday

O LORD, ever mindful of Thy venerable Passion, I, though a sinner, approach Thine Altar so I might offer Thee that Sacrifice which Thou hast instituted and commanded us to offer in remembrance of Thee for our salvation. Receive it, I beseech Thee, O God Most High, for Thy holy Church and for the people whom Thou hast purchased with Thy Blood. (And since
Thou hast
willed that
I, a sinner,

*medium esse
voluisti,
licet in me
aliquod boni
operis
testimonium
non agnoscas,
officium
saltem
dispensationis
credita non
recuses; nec,
per me
indignum,
eorum salutis
pereat
pretium, pro
quibus victima
salutaris
dignatus es
esse et
redemptio.)*

Profero

etiam, Domine, si digneris propitius intueri,
tribulationes plebium, pericula populorum,
captivorum gemitus, miserias orphanorum
necessitates peregrinorum, inopiam debilium,
desperationes languentium, defectus senum,
suspiria iuvenum, vota virginum, lamenta
viduarum.

*should be in
the midst
between Thee
and Thy
people,
although
Thou
perceivest
not in me the
evidence of
good works,
at least
refuse not
the service
of the
ministry
which Thou
hast given
me; let not
the price of
their
salvation be
wasted
through my
unworthiness,
whose saving
Victim and
redemption
Thou didst
deign to be.)*

I
also bring before Thee, O Lord, if Thou wilt
deign to consider them, the tribulations of the
people, the perils of the nations, the groans
of prisoners, the misery of orphans, the
necessities of strangers, the helplessness of
the weak, the depression of the weary, the
infirmities of the aged, the aspirations of the
young, the vows of virgins, and the
lamentations of widows.

Feria Quinta

Thursday

TU ENIM misereris omnium, Domine, et nihil odisti eorum quae fecisti. Memorare quae sit nostra substantia; quia tu Pater noster es, quia tu Deus noster es, ne irascaris satis, neque multitudinem viscerum tuorum super nos contineas. Non enim in iustificationibus nostris prosternimus preces ante faciem tuam, sed in miserationibus tuis multis. Aufer a nobis iniquitates nostras, et ignem Sancti Spiritus in nobis clementer accende. Aufer cor lapideum de carne nostra, et da nobis cor carneum, quod te amet, te diligat, te delectetur, te sequatur, te perfruatur. Oramus, Domine, clementiam tuam, ut sereno vultu familiam tuam, sacri tui Nominis officia praestolantem, aspicere digneris; et nullius sit irritum votum, nullius vacua postulatio, tu nobis preces suggere, quas ipse propitius audire et exaudire delecteris.

Feria Sexta

ROGAMUS etiam te, Domine, sancte Pater, et pro spiritibus fidelium defunctorum, ut sit illis salus, sanitas, gaudium et refrigerium, hoc magnum pietatis sacramentum. Domine, Deus meus, sit illis hodie magnum et plenum convivium de te pane vivo, qui de caelo descendisti et das vitam mundo, de tua Carne sancta et benedicta, Agni videlicet immaculati, qui tollis peccata mundi, quae de sancto et glorioso beatae Virginis Mariae utero est assumpta et de Spiritu Sancto concepta; ac de illo pietatis fonte, qui per lanceam militis ex tuo sacratissimo latere emanavit: ut, exinde refecti et satiati, refrigerati et consolati, exsultent in laude et gloria tua.

O LORD, Thou art merciful unto all and hatest nothing that Thou hast made. Remember what we are made of, for Thou art our Father, Thou art our God. Be not angry with us for ever, nor withhold the multitude of Thy mercies from us; for it is not in our righteousness, but in Thy great compassion that we humbly place our prayers before Thee. Take from us our iniquities and graciously enkindle the fire of Thy Holy Spirit within us. Take from us our hearts of stone and give us hearts of flesh, which may love Thee, prefer Thee, delight in Thee, follow Thee, and enjoy Thee. O Lord, out of Thy mercy we beg Thee to look favorably upon Thy family awaiting the service of Thy holy Name, May the prayers of none be ineffectual, nor the petitions of any be unfruitful. Do Thou put into our minds such prayers as Thou mayest delight graciously to hear and answer.

Friday

O LORD, Holy Father, we beseech Thee on behalf of the souls of the faithful departed that this great Sacrament of Thy love may be for them health, salvation, joy and refreshment. O Lord and my God, may it be a great and abundant feast of Thee, the living Bread, who camest down from heaven and givest life unto the world; a feast of Thy holy and blessed Flesh, of the Lamb without spot, who takest away the sins of the world; the Flesh which was conceived of the Holy Spirit and taken from the holy and glorious womb of the blessed Virgin Mary; the Flesh of Thy most sacred Side pierced by the soldier's spear from which the Fountain of mercy flowed forth; with which after being fed and satisfied, refreshed and comforted, they may rejoice in Thy praise and glory.

PETO clementiam tuam, Domine, ut descendat super panem tibi sacrificandum plenitudo tuae benedictionis, et sanctificatio tuae divinitatis. Descendat etiam, Domine, illa Sancti Spiritus tui invisibilis incomprehensibilisque maiestatis, sicut quondam in patrum hostias descendebat; qui et oblationes nostras corpus et Sanguinem tuum efficiat, et (*me indignum sacerdotem*) [*nos indignos servos*] doceat tantum tractare mysterium cum cordis puritate et lacrimarum devotione, cum reverentia et tremore, ita ut placide ac benigne suscipias sacrificium (*de manibus meis*) ad salutem omnium tam vivorum quam defunctorum.

Sabbato

ROGAM etiam te, Domine, per ipsum sacrosanctum mysterium Corporis et Sanguinis tui, quo quotidie in Ecclesia tua pascimur et potamur, abluimur et sanctificamur, atque unius summae divinitatis participes efficimur. Da mihi virtutes tuas sanctas, quibus repletus bona conscientia ad altare tuum accedam, ita ut haec caelestia sacramenta efficiantur mihi salus et vita. Tu enim dixisti ore tuo sancto et benedicto: "Panis quem ego dabo, caro mea est pro mundi vita. Ego sum panis vivus, qui de caelo descendi. Si quis manducaverit ex hoc pane, vivet in aeternum."

O LORD, upon Thy mercy I pray that the fullness of Thy blessing and the sanctification of Thy divinity may descend upon the bread to be offered unto Thee. May the invisible and incomprehensible majesty of Thy Holy Spirit also descend as it came down of old upon the sacrifices of the Fathers; which will both make our oblations Thy Body and Blood, and teach (*me Thy unworthy priest*) [*us, Thy unworthy servants*] , to treat so great a Mystery with purity of heart and with tears of devotion, with the reverence and trembling, so that Thou mayest graciously and favorably receive this sacrifice (*at my hands*) for the wellbeing of all, both the living and the departed.

Saturday

I ENTREAT Thee, O Lord, by this most holy mystery of Thy Body and Blood with which we are daily fed and given to drink, are washed and sanctified in Thy Church, and are made worthy partakers of the one supreme Divinity, grant unto me Thy holy virtues, that filled by them I may draw near to Thine Altar with a good conscience. May these heavenly Sacraments be made unto me salvation and life, for as Thou hast said with Thy holy and blessed mouth, "The bread that I will give is my flesh, which I will give for the life of the world. I am the living bread which came down from heaven. If any man eat of this bread, he shall live forever."

PANIS dulcissime, sana palatum cordis mei ut sentiam suavitatem amoris tui. Sana illud ab omni languore, ut nullam praeter te sentiam dulcedinem. Panis candidissime, habens omne delectamentum et omnem saporem, qui nos semper reficis et numquam in te deficis: comedat te cor meum, et dulcedine saporis tui repleantur viscera animae meae. Manducat te Angelus ore pleno: manducet te peregrinus homo pro modulo suo, ne deficere possit in via, tali recreatus viatico.

PANIS sancte, panis vive, panis munde, qui descendisti de caelo et das vitam mundo, veni in cor meum, et munda me ab omni inquinamento carnis et spiritus. Intra in animam meam, sana et munda me interius et exterius. Esto tutamen et continua salus animae et corporis mei. Repelle a me insidiantes mihi hostes; recedant procul a praesentia potentiae tuae, ut, foris et intus per te munitus, recto tramite ad tuum regnum perveniam; ubi non in mysteriis, sicut in hoc tempore agitur, sed facie ad faciem te videbimus, cum tradideris regnum Deo et Patri, et eris Deus omnia in omnibus. Tunc enim me de te satiabis, satietate mirifica, ita ut esuriam, nec sitiam in aeternum: Qui cum eodem Deo Patre et Spiritu Sancto vivis et regnas per omnia saecula saeculorum. Amen.

SWEETEST Bread, heal the palate of my heart that I may taste the pleasant savor of Thy love. Heal it of all infirmities that I may find sweetness in nothing other than Thee. O purest Bread, having all delight and all savor, which ever refreshes us and never failest, let my heart feed on Thee and may my inmost soul be fulfilled with the sweetness of Thy savor. The Angels feed upon Thee fully: let the wayfaring man feed on Thee according to his measure, that, refreshed with such a Viaticum, he may not fall by the way.

HOLY Bread, O living Bread, O pure Bread, who camest down from heaven and givest life unto the world, come into my heart, and cleanse me from all defilement of flesh and spirit. Enter into my soul: heal and cleanse me within and without; be the protection and continual health of my soul and body. Drive far from me all foes that lie in wait; let them flee at the presence of Thy power, so that being guarded without and within by Thee, I may come to Thy kingdom straight away: where, not as now in mysteries, but face to face, we shall behold Thee: when Thou shalt have delivered up the kingdom to God, the Father, and shalt be God, all in all. Then shalt Thou satisfy me with Thyself in wondrous fullness, so that I shall never hunger nor thirst any more. Who with the same God the Father and the Holy Spirit livest and reignest forever and ever. Amen.

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Oratio Sancti Ambrosii Ante Missam

Prayer of St. Ambrose Before Mass

[AnteMissam](#)

Attributed to St. Ambrose (340-397), but more likely a medieval composition.

AD MENSAM dulcissimi convivii tui, pie Domine Iesu Christe, ego peccator de propriis meis meritis nihil praesumens, sed de tua confidens misericordia et bonitate, accedere vereor et contremisco. Nam cor et corpus habeo multis criminibus maculatum, mentem et linguam non caute custoditam. Ergo, o pia Deitas, o tremenda maiestas, ego miser, inter angustias deprehensus, ad te fontem misericordiae recurro, ad te festino sanandus, sub tuam protectionem fugio; et quem Iudicem sustinere nequeo, Salvatorem habere suspiro. Tibi, Domine, plagas meas ostendo, tibi verecundiam meam detego. Scio peccata mea multa et magna, pro quibus timeo; spero in misericordias tuas, quarum non est numerus.

LORD Jesus Christ, I approach Thy banquet table in fear and trembling, for I am a sinner, and dare not rely on my own worth, but only on Thy goodness and mercy. I am defiled by my many sins in body and soul, and by my unguarded thoughts and words. Gracious God of majesty and awe, I seek Thy protection, I look for Thy healing. Poor troubled sinner that I am, I appeal to Thee, the fountain of all mercy. I cannot bear Thy judgment, but I trust in Thy salvation. Lord, I show my wounds to Thee and uncover my shame before Thee. I know my sins are many and great, and they fill me with fear, but I hope in Thy mercies, for they cannot be numbered.

RESPICE ergo in me oculis misericordiae tuae, Domine, Iesu Christe, Rex aeterna, Deus et homo, crucifixus propter hominem. Exaudi me sperantem in te; miserere mei pleni miseriis et peccatis, tu qui fontem miserationis numquam manare cessabis.

LORD Jesus Christ, Eternal King, God and man, crucified for mankind, look upon me with mercy and hear my prayer, for I trust in Thee. Have mercy on me, full of sorrow and sin, for the depth of Thy compassion never ends.

SALVE, salutaris victima, pro me et omnia humano genere in patibulo Crucis oblata. Salve, nobilis, et pretiose sanguis, de vulneribus crucifixi Domini mei Iesu Christi profluens, et peccata totus mundi abluens.

PRAISE to Thee saving sacrifice, offered on the wood of the cross for me and for all mankind. Praise to the noble and precious Blood, flowing from the wounds of my crucified Lord Jesus Christ and washing away the sins of the whole world.

RECORDARE, Domine, creaturae tuae, quam tuo Sanguine redemisti. Paenitet me peccasse, cupio emendare quod feci. Aufer ergo a me, clementissime Pater, omnes iniquitates et peccata mea; ut, purificatus mente et corpore, digne degustare merear Sancta sanctorum. Et concede, ut haec sancta praelibatio Corporis et Sanguinis tui, quam ego indignus sumere intendo, sit peccatorum meorum remissio, sit delictorum perfecta purgatio, sit turpium cogitationem effugatio ac bonorum sensuum regeneratio, operumque tibi placentium salubris efficacia, animae quoque et corporis contra inimicorum meorum insidias firmissima tuitio. Amen.

REMEMBER, Lord, Thy creature, whom Thou hast redeemed with Thy blood; I repent my sins, and I long to put right what I have done. Merciful Father, take away all my offenses and sins; purify me in body and soul, and make me worthy to taste the Holy of Holies. May Thy Body and Blood, which I intend to receive, although I am unworthy, be for me the remission of my sins, the washing away of my guilt, the end of my evil thoughts, and the rebirth of my better instincts. May it incite me to do the works pleasing to Thee, and a firm defense of body and soul against the wiles of my enemies. Amen.

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Oratio Ad Omnes Angelos et Sanctos Ante Missam Prayer to All the Angels and Saints Before Mass

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[AnteMissam](#)

From the Roman Missal.

ANGELI, Archangeli, Throni,
Dominationes, Principatus,
Potestates, Virtutes caelorum,
Cherubim atque Seraphim, omnes
Sancti et Sanctae Dei, praesertim
Patroni mei, intercedere dignemini
pro me, ut hoc sacrificium Deo
omnipotenti digne valeam offerre, ad
laudem et gloriam nominis sui et ad
utilitatem meam totiusque Ecclesiae
suae sanctae. Amen

ANGELS, Archangels, Thrones,
Dominations, Principalities, Powers,
heavenly Virtues, Cherubim and
Seraphim; all Saints of God, holy
men and women, and for you
especially my patrons: deign to
intercede for me that I may be
worthy to offer this Sacrifice to
almighty God, to the praise and glory
of His name, for my own welfare and
also that of all His holy Church.
Amen.

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Oratio ad Sanctum in cuius Honorem Missa Celebratur Prayer to the Saint in Whose Honor the Mass is Celebrated

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[AnteMissam](#)

From the Roman Missal.

O SANCTE/SANCTA N., ecce ego miser peccator, de tuis meritis confisus, offero nunc sacratissimum sacramentum Corporis et Sanguinis Domini nostri Iesu Christi pro tuo honore et gloria. Precor te humiliter et devote, ut pro me hodie intercedere digneris, ut tantum sacrificium digne et acceptabiliter offerre valeam, ut eum tecum et cum omnibus electis eius aeternaliter laudare, atque cum eo regnare valeam: Qui vivit et regnat in saecula saeculorum. Amen.

O HOLY N., behold I, a wretched sinner, relying on thy merits, now offer for thy honor and glory the most holy Sacrament of the Body and Blood of our Lord Jesus Christ. Humbly and devoutly do I beg thee to intercede for me this day, and to plead that I may have the grace to offer this great Sacrifice in a worthy and acceptable fashion and to be able to sing His praises eternally with thee and with all His elect in heaven. Who lives and reigns forever. Amen.

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Formula Intensionis Ante Missam

Statement of Intention

[AnteMissam](#)

Composed by Pope Gregory XIII (1572-1585), from the Roman Missal.

EGO VOLO celebrare Missam, et conficere Corpus et Sanguinem Domini nostri Iesu Christi, iuxta ritum sanctae Romanae Ecclesiae, ad laudem omnipotentis Dei totiusque Curiae triumphantis, ad utilitatem meam totiusque Curiae militantis, pro omnibus, qui se commendaverunt orationibus meis in genere et in specie, et pro felici statu sanctae Romanae Ecclesiae.

MY PURPOSE is to celebrate Mass and to make present the Body and Blood of our Lord Jesus Christ according to the rite of the holy Roman Church to the praise of our all-powerful God and all His assembly in the glory of heaven, for my good and the good of all His pilgrim Church on earth, and for all who have asked me to pray for them in general and in particular, and for the good of the holy Roman Church.

GAUDIUM cum pace, emendationem vitae, spatium verae paenitentiae, gratiam et consolationem Sancti Spiritus, perseverantiam in bonis operibus, tribuat nobis omnipotens et misericors Dominus. Amen

MAY the almighty and merciful Lord grant us joy and peace, amendment of life, room for true repentance, the grace and comfort of the Holy Spirit and perseverance in good works. Amen.

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